L Student Assistance Program (SAP)

The Desert/Mountain Children's Center (DMCC) Student Assistance Program serves students, their families and the school community. Students who are dealing with non-academic barriers to learning are the primary target for SAP services. Students are referred by staff, parents or concerned others to the Student Assistance Program. Students may also self-refer.

>> Services to Children/Youth

- > Social Skills Groups
- > Bully Intervention Skills
- > Substance Abuse Education
- > Healthy Living/Wellness Education
- > Conflict Resolution & Mediation Skills
- > Individual Counseling

>> Services to Parents

- Training based on needs such as understanding wellness and the signs, symptoms of at-risk behavior
- Connection to community services
 (local clinics, Moses House
 Ministries, food banks, medical and
 dental services, Bridges for
 Families, Catholic Charities, Park
 and Recreation Services, etc.)
- > Education on parenting topics



>> Services to School Staff

- Staff training on requested areas of concern, such as:
 - Signs/symptoms of common mental illnesses and appropriate classroom interventions
 - Brain development, stress, trauma, violence and substance abuse
- > Consultation regarding at-risk students

>> What is the purpose of the SAP Program?

- To reduce risk factors, barriers, and stressors of kids, youth, and their families.
- ➤ To provide appropriate strategies, interventions, and activities to school staff and families that increase their knowledge of social, emotional, and behavioral issues.
- ➤ To increase student awareness of the issues they face daily, including the social and emotional choices that impact their lives.
- To build protective supports for students and their families that include significant connections to others, training, and education.
- Frogram works with students and their families who are dealing with non-academic barriers to learning.

Participating Districts

- Academy of Academic Excellence
- Adelanto School District
- Apple Valley Unified School District
- ⊕ Baker Valley Unified School District
- Barstow Unified School District
- → Bear Valley Unified School District
- Excelsior Education Center
- Helendale School District
- Hesperia Unified School District
- ⊕ Lucerne Valley Unified School District
- Needles Unified School District
- Oro Grande School District
- Silver Valley Unified School District
- Snowline Joint Unified School District
- Victor Valley Union High School District

The DMCC serves all clients without regard to race, color, disability, gender, religion, sexual preference, marital status, national origin, or ancestry.



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