

Oro Grande School District/Riverside Preparatory High School Lunch Menu

JANUARY 2018

BREAKFAST

Choose 3 or more items (1 item must be $\frac{1}{2}$ cup fruit)

Monday	Tuesday	Wednesday	Thursday	Friday
WG Cereal Yogurt Cup Craisins Fruit Milk	WG Honey Wheat Bar Yogurt Cup Berry Juice Fruit Milk	WW Bagel & Cream Cheese Yogurt Cup Apple Fruit Milk	WG Oatmeal Choc. Chip Bar Yogurt Cup Banana Fruit Milk	WG Cinnamon Roll Yogurt Cup Orange Fruit Milk

For Lunch
Student must take a minimum of 3 items per day.

1 of those items MUST be at least $\frac{1}{2}$ cup fruit and/or Veggies!

Daily alternate Lunch Choices:



Mon. Chicken Patty Sand.

Tues. Spicy Chicken Patty Sand.

Wed. Rib-B-Q Sand.

Thurs. Hamburger Patty

Fri. WG Mini Corn Dogs

Monday	Tuesday	Wednesday	Thursday	Friday
<div>WINTER BREAK</div>				
<div>No School Martin Luther King Day!</div> <div></div>	<div>16 Teriyaki Beef dunkers Brown Rice Corn Pears Milk-variety</div>	<div>17 WG Mac & Cheese Broccoli WG choc. Chip cookies Pineapple tidbits Peaches Milk-variety</div>	<div>18 Chicken Fajita Salad WG Dinner Roll Refried Beans Apple Crisp Chips Juice Box Milk-variety</div>	<div>19 WG Pepp. Pizza Peas Carrots w/ranch Watermelon Icee Peaches WG choc. Chip cookies Milk-variety</div>
<div>22 Hamburger on WG bun Ketchup/mustard French Fries Peaches Milk-variety</div>	<div>23 Turkey Tacos in WG taco shells w/lettuce, tomato, cheese & salsa Pinto Beans Pears Milk-variety</div>	<div>24 WG Orange Chicken w/brown rice Green Beans Peaches WG Brownie Milk-variety</div>	<div>25 Fish Sticks w/tartar sauce WG Dinner roll Carrots w/ranch Pineapples Milk-variety</div>	<div>26 WG Pepp. Pizza Broccoli Watermelon Icee Peaches WG Choc. Chip cookie Milk-variety</div>
<div>29 WG Pizza Stick Cheese dip French Fries Applesauce Milk-variety</div>	<div>30 WG Beef, Gr. Chili & Cheese burrito w/salsa Pinto Beans Mandarin Oranges Milk-variety</div>	<div>31 WG pasta w/meat sauce Romaine Salad w/ranch WG Dinner Roll Mixed fruit Milk-variety</div>	<div></div> <div>Happy New Year!</div>	
<div>Meal Prices</div> <div>Student Breakfast \$1.50 Adult Breakfast \$2.00</div> <div>Student Lunch \$2.75 Adult Lunch \$3.25</div> <div>~~~~~</div> <div>Reduced Meal Prices: Breakfast \$0.30 Lunch \$0.40</div>				

Menu items subject to change without prior notice In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability.*