

Oro Grande School District/Riverside Preparatory High School Lunch Menu

NOVEMBER 2017

BREAKFAST

Choose 3 or more items (1 item must be $\frac{1}{2}$ cup fruit)

Monday	Tuesday	Wednesday	Thursday	Friday
WG Cereal Yogurt Cup Craisins Fruit Milk	WG Honey Wheat Bar Yogurt Cup Berry Juice Fruit Milk	WW Bagel & Cream Cheese Yogurt Cup Apple Fruit Milk	WG Oatmeal Choc. Chip Bar Yogurt Cup Banana Fruit Milk	WG Cinnamon Roll Yogurt Cup Orange Fruit Milk



For Lunch

Student must take a minimum of 3 items per day.

1 of those items MUST be at least $\frac{1}{2}$ cup fruit and/or Veggies!

Daily alternate Lunch Choices:



Mon. Chicken Patty Sand.

Tues. Spicy Chicken Patty Sand.

Wed. Rib-B-Q Sand.

Thurs. Hamburger Patty

Fri. WG Mini Corn Dogs

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Orange Chicken w/brown rice Mixed Veggies Pears Milk-variety	2 Turkey Tacos in WG taco shells w/lettuce, tomato, cheese & salsa Applesauce Milk-variety	3 WG Pepp. Pizza Carrots w/ranch Watermelon Icee Peaches WG choc. Chip cookies Milk-variety
6 WG Grilled Cheese French Fries Ketchup Pears Juice Box Milk-variety	7 WG Corn dog Ketchup/mustard Baked Beans Craisins Mixed Fruit Milk-variety	8 Chicken Pattie on WG bun Ketchup/mustard Broccoli Pineapples Banana Milk-variety	9 Hamburger on WG bun Ketchup/mustard Green Beans Peaches Milk-variety	10 No School  Veterans Day
13 WG Chicken nuggets w/BBQ sauce Potato Puffs WG Jungle Crackers Pears Milk-variety	14 Turkey ham sand. On WG bun Mayo/mustard/tomato Baked Beans Apple Chips/mixed fruit Milk-variety	15 WG Mac & Cheese Broccoli WG choc. Chip cookies Pineapple tidbits Peaches Milk-variety	16 Turkey w/gravy over mashed potatoes WG dinner roll Green beans Mixed Fruit Craisins Milk-variety	20 WG Pepp. Pizza Peas Carrots w/ranch Watermelon Icee Peaches WG choc. Chip cookies Milk-variety
				
27 WG Pizza Stick Cheese dip French Fries Applesauce Milk-variety	28 WG Beef, Gr. Chili & Cheese burrito w/salsa Pinto Beans Mandarin Oranges Milk-variety	29 WG pasta w/meat sauce Romaine Salad w/ranch WG Dinner Roll Mixed fruit Milk-variety	30 Teriyaki Beef dunkers Brown Rice Broccoli Pineapple Tidbits Milk-variety	
Meal Prices Student Breakfast \$1.50 Adult Breakfast \$2.00 Student Lunch \$2.75 Adult Lunch \$3.25 ~~~~~ Reduced Meal Prices: Breakfast \$0.30 Lunch \$0.40				

Menu items subject to change without prior notice In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability.*