

Oro Grande School District/Riverside Preparatory High School Lunch Menu
OCTOBER 2017

BREAKFAST

Choose 3 or more items (1 item must be ½ cup fruit)

Monday	Tuesday	Wednesday	Thursday	Friday
WG Cereal Yogurt Cup Craisins Fruit Milk	WG Honey Wheat Bar Yogurt Cup Berry Juice Fruit Milk	WW Bagel & Cream Cheese Yogurt Cup Apple Fruit Milk	WG Oatmeal Choc. Chip Bar Yogurt Cup Banana Fruit Milk	WG Cinnamon Roll Yogurt Cup Orange Fruit Milk



Happy Fall !!

For Lunch

Student must take a minimum of 3 items per day.
1 of those items MUST be at least ½ cup fruit and/or Veggies!

Daily alternate Lunch Choices:





Mon. Chicken Patty Sand.

Tues. Spicy Chicken Patty Sand.

Wed. Rib-B-Q Sand.

Thurs. Hamburger Patty





Fri. WG Mini Corn Dogs

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Beef, Gr. Chili & Cheese burrito w/salsa Pinto Beans Mandarin Oranges Milk-variety	3 Chicken fajita salad w/ranch WG Dinner Roll Peaches Banana Milk-variety	4 WG Orange Chicken w/brown rice Mixed Veggies Pears Milk-variety	5 Turkey Tacos in WG taco shells w/lettuce, tomato, cheese & salsa Applesauce Milk-variety	6 <i>No School Fall Break Begins!</i> 
<i>No School/Fall Break!!!</i> 				
16 WG Grilled Cheese French Fries Ketchup Pears Juice Box Milk-variety	17 WG Corn dog Ketchup/mustard Baked Beans Craisins Strawberries Milk-variety	18 Chicken Pattie on WG bun Ketchup/mustard Broccoli Pineapples Banana Milk-variety	19 Turkey w/gravy over mashed potatoes WG dinner roll Green beans Mixed Fruit Apple Milk-variety	20 WG Pepp. Pizza Peas Carrots w/ranch Watermelon Icee Peaches WG choc. Chip cookies Milk-variety
23 WG Chicken nuggets w/BBQ sauce Green Beans WG Choc. Animal Snacks Watermelon Icee Peaches Milk-variety	24 Meatball Sub on WG bun Tater Tots WG crackers Grapes Berry Juice Box Milk-variety	25 WG Pizza Stick Cheese dip Baked Beans Applesauce Milk-variety	26 WG Mac & Cheese Broccoli WG Dinner Roll Strawberries Peaches Milk-variety	27 WG Pepp. Pizza Carrots w/ranch Apple Craisins Milk-variety
30 WG pasta w/meat sauce Romaine Salad w/ranch WG Dinner Roll Mixed fruit Milk-variety	31 Teriyaki Beef dunkers Brown Rice Broccoli Pineapple Tidbits Milk-variety			
Meal Prices Student Breakfast \$1.50 Adult Breakfast \$2.00 Student Lunch \$2.75 Adult Lunch \$3.25 ~~~~~ Reduced Meal Prices: Breakfast \$0.30 Lunch \$0.40				

*Menu items subject to change without prior notice** In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability.

Oro Grande School District/Riverside Preparatory High School Cold Lunch Menu
OCTOBER 2017

Students must take a minimum of 3 items and 1 of those items must
be at least $\frac{1}{2}$ cup fruit or vegetable

Monday	Tuesday	Wednesday	Thursday	Friday
2 Italian Sub on WG hoagie roll Corn Fruit Milk-variety	3 Tossed Salad w/Ham WG crackers Fruit Milk-variety	4 WG Pizza Pocket Side Salad Fruit Milk-variety	5 Grilled ham & Cheese sandwich on WG bread Broccoli Fruit Milk-variety	6 NO School Fall Break Begins!! 
9 <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">No School / Fall Break!!</p>  </div>				
16 Turkey & cheese sub on WG roll Corn Fruit Milk-variety	17 Grilled chicken Salad WG crackers Milk-variety	18 Chicken quesadilla on WG tortilla Side Salad Fruit Milk-variety	19 Chicken Ceasar wrap on WG tortilla Broccoli Fruit Milk-variety	20 PBJ Uncrustable on WG bread Carrots String Cheese WG cookie Fruit Milk-variety
23 Italian Sub on WG roll Corn Fruit Milk-variety	24 Asian Salad WG crackers Fruit Milk-variety	25 WG Pizza pocket Side Salad Fruit Milk-variety	26 Grilled Cheese sandwich on WG bread Broccoli WG cookie Fruit Milk-variety	27 PBJ Uncrustable on WG bread Carrots String Cheese WG cookie Fruit Milk-variety
30 Taco Salad WG crackers Fruit Milk-variety	31 Beef, bean, cheese burrito Corn Fruit Milk-variety			

**Menu items subject to change without prior notice*

** Milk Variety: 1% white milk or Non-fat Chocolate milk

In accordance with Federal law and United States Department of Agriculture policy, this institution is an equal opportunity provider



Meal Prices

Full paid price: \$2.75

Reduced Price: \$0.40

Adult Price: \$3.25