Oro Grande School District/Riverside Preparatory High School Lunch Menu FEBRUARY 2019

BREAKFAST

Choose 3 or more items (1 item must be $\frac{1}{2}$ cup fruit)

| WG Cereal Yog/cracker Craisins Fruit Milk WG Honey WW Bagel & Choc. Chip Bar Yog/crackers Yog/crackers Apple Fruit Milk WG Oatmeal Choc. Chip Bar Yog/crackers Apple Fruit Milk Milk Milk Milk Milk Milk Milk Milk | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|----------------------------------|---|--|--|--|
| | Yog/cracker Craisins Fruit | Wheat Bar Yog/crackers Berry Juice Fruit | Cream Cheese Yog/crackers Apple Fruit | Choc. Chip Bar Yog/crackers Banana Fruit | Cinnamon Roll Yog/cracker Orange Fruit |

For Lunch

Student must take a minimum of 3 items per day.

1 of those items MUST be at least $\frac{1}{2}$ cup fruit and/or Veggies!

Daily alternate Lunch Choices:

Mon. Chicken Patty Sand.

Wed. Rib-B-Q Sand.

Tues. Spicy Chicken Patty Sand.

Thurs. Hamburger Patty

Fri. WG Mini Corn Dogs

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|---|---|--|---|---|--|
| Happy alentines | | | | 1 WG Pizza Carrots w/ranch Icee cup Peaches WG cookie Milk-variety | |
| 4 Fish sticks w/tartar sauce WG jungle crackers Pinto beans Pears Milk-variety | 5 WG Chicken corn dog Ketchup/must. French Fries Applesauce Milk-variety | 6 Hamburger on WG bun Ketchup/must. Tomato slices Broccoli Peaches Milk-variety | 7 Teriyaki chicken over brown rice Green beans Pineapple tidbits Milk-variety | 8 WG Pizza Carrots w/ranch Icee cup Craisins WG cookie Milk-variety | |
| 11 Chili Hot Dog on WG bun Corn WG goldfish Mixed Fruit Milk-variety | 12 Macaroni & Cheese Broccoli Peaches Pretzel pkts Milk-variety | 13 Turkey ham sand. On WG bun Mayo/mustard Baked Beans Banana Pineapple tidbits Milk-variety | 14 WG "heart" chicken nuggets Green Bean Pears Oranges WG heart cookies | Lincoln's Birthday | |
| No School Happy Presidents shutterstock-153391415 | 19 Turkey tacos on WG tortillas w/lettuce/tom/cheese Pinto beans Applesauce Milk-variety | 20 WG Orange chicken over brown rice WG dinner roll Corn Peaches Milk-variety | 21 WG Pasta w/meat sauce Salad w/ranch Mixed Fruit Milk | 22 WG Pepp. Pizza Carrots Icee cup Peaches WG cookie Milk-variety | |
| 25 Beef dunkers w/brown rice Peas Mixed Fruit Milk-variety | 26 WG beef burrito Pinto beans Mandarin oranges Craisins Milk-variety | 27 WG Chicken patty on bun Ketchup/must Broccoli Pineapples Milk-variety | 28 Turkey w/gravy on M. Potatoes WG dinner roll Green Beans Pears Milk-variety | | |
| | Meal Prices Student Breakfast \$1.50 Adult Breakfast \$2.00 Student Lunch \$2.75 Adult Lunch \$3.25 Reduced Meal Prices: Breakfast \$0.30 Lunch \$0.40 | | | | |

^{*}Menu items subject to change without prior notice** In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability.